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23. Explain after Aurobindo the three fold process of transformation. (76)

Ans → For Aurobindo, evolution is there are three kinds of transformation necessary for ascending to the higher realm. This transformation would first require a complete and radical change of our terrestrial existence — of the material, the vital and the mental and then it would require a final transformation resulting ~~resulting~~ from the combined forces of one's own efforts and the light from above. Consequently, Sri Aurobindo talks of a triple transformation

- ① Psychological transformation,
- ② Spiritual transformation,
- ③ Super mental transformation.

Aurobindo explain these three transformation in his book 'The Life Divine' in great details. According to Aurobindo, in the triple transformation the first step is the psychic change. In Aurobindo's philosophy the soul or psyche is not life or mind or matter, it is "the opening and flowering of the essence of all these to their own peculiar delight of self, to light, to love love, to joy and beauty and to a refined purity of being." According to Aurobindo, the soul

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on the psyche entity is (77) pure and untarnished. It is pure and immutable. It is the permanent being in us. It employs as instruments, mind, life and body. But under ordinary circumstances inner being is veiled. The first transformation involves removing this veil and getting its light flood the whole of our surface being. The soul is the divine part of our nature. According to Anandbindo, the psyche is not born in us in full fledged form. It transforms slowly. The development of the soul-personality will be very slow if it is left entirely to its own ^{असहाय} ^{सहाय} unaided actions. We must be educated. Anandbindo says to feel the need of the growth of our psychic being. We are to know the supremacy of the soul even the other parts of our being. The first transⁿ consist in awakening of the soul in us. But this alone will not lead to the total transformation of our terrestrial being. There is also to be a descent of the higher realms of the spirit. Our sp psychic being will flower only within the limited sphere of the reasons of mind, life and matter in which we live. The second transformation according to Anandbindo is the transformation by the "spiritual consciousness". The psychic movement inward towards the self is to be completed by an opening upward to a higher spiritual existence.

✓ The ascent to the higher level of consciousness takes

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place only alone with a descent of the higher spiritual level to a lower level. For us there is a vision of the infinite. But if we fall back to our previous level then this vision simply ^{is not} ^{there} ^{any} ^{more} fades away. If the ascent to the higher level is to be permanent then there is also to be a descent of the higher consciousness. Only when these two go together the raising of the level of our being will be permanent. When the level is permanently raised, then matter, life and mind will become very different from what they are at present. The transformation will be so total that will become entirely different from what we are now.

But the above two transformations will not bring about the highest spiritual transformation in man. This requires the third transformation, it is the Tranⁿ by the Spi^t supermind. According to Sri Aurobindo's creation is the ^(play) play of the spirit into ignorance. From ignorance, the spirit is to raise itself to the highest level. This passage of the soul from ignorance to Supreme + Self Knowledge is possible because of the transformation of the Supermind. The complete effects of this Tranⁿ can be calculated only when on account of Sri Aurobindo's conception of 'Gnostic Being and Divine Life' is understood.

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These are the three fold transformation which are to be found in the process of evolution according to Aerobindo.

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